

# Puppy Socialization Planner

A calm exposure plan for people, places, surfaces, sounds, handling, and recovery time.

General education only. This printable does not replace advice from a licensed veterinarian.

## Before you start

- Confirm vaccine guidance with your veterinarian.
- Use distance, food, play, and choice; do not force contact.
- Stop while the puppy is still curious, eating, and able to recover.

## Weekly exposure plan

- People: calm adults, hats, mobility aids, delivery workers, children at distance.
- Places: clinic parking lot, quiet street, car ride, safe doorway, friend home.
- Surfaces and sounds: tile, grass, stairs, vacuum at distance, traffic at distance.
- Handling: collar touch, paws, ears, brush, harness, towel, carrier or crate.

## Session log

- Date / place:
- Distance and setup:
- Food or play used:
- Puppy body language:
- What to repeat or make easier next time:

## Call a professional

- If the puppy freezes, hides, growls, snaps, panics, refuses food repeatedly, or cannot recover after exposure, pause and ask a qualified trainer or veterinarian for help.