

# Pet Sitter Instructions Template

A one-page care brief plus daily log for dogs and cats. Fill it out before travel, work trips, hospital stays, or any handoff to a sitter.

## Pet Profile

**Pet name:** \_\_\_\_\_

**Species/breed or type:** \_\_\_\_\_

**Age:** \_\_\_\_\_

**Microchip or ID:** \_\_\_\_\_

**Veterinary clinic:** \_\_\_\_\_

**Emergency contact:** \_\_\_\_\_

## Daily Routine

**Breakfast time and amount:** \_\_\_\_\_

**Dinner time and amount:** \_\_\_\_\_

**Water location:** \_\_\_\_\_

**Toilet/litter routine:** \_\_\_\_\_

**Walk/play routine:** \_\_\_\_\_

**Sleep/rest location:** \_\_\_\_\_

## Medication and Health Notes

- Medication is in original packaging with label and dosing instructions.
- Sitter knows what to do if a dose is missed, vomited, or refused.
- Sitter has permission instructions for urgent veterinary care.
- Known allergies, food restrictions, handling sensitivities, or past medical issues are written below.

**Important health notes:** \_\_\_\_\_

**Do not give:** \_\_\_\_\_

## Behavior and House Rules

- Door, gate, balcony, and window rules are clear.
- Pet is not introduced to unfamiliar animals or people without approval.
- Known triggers are listed: noises, handling, other pets, children, delivery drivers, storms.
- Safe hiding/rest areas are protected and not forced.

**Triggers or special handling:** \_\_\_\_\_

## Daily Log

**Day 1 food/meds:** \_\_\_\_\_

**Toilet/behavior:** \_\_\_\_\_

**Day 2 food/meds:** \_\_\_\_\_

**Toilet/behavior:** \_\_\_\_\_

**Day 3 food/meds:** \_\_\_\_\_

**Toilet/behavior:** \_\_\_\_\_

**Day 4 food/meds:** \_\_\_\_\_

**Toilet/behavior:** \_\_\_\_\_

**Day 5 food/meds:** \_\_\_\_\_

**Toilet/behavior:** \_\_\_\_\_

**Day 6 food/meds:** \_\_\_\_\_

**Toilet/behavior:** \_\_\_\_\_

**Day 7 food/meds:** \_\_\_\_\_

**Toilet/behavior:** \_\_\_\_\_

Related guide: <https://newspet.net/pet-sitter-instructions-checklist-dogs-cats/>